

<p style="font: normal normal normal 12px/normal Arial; margin: 0px"> <h6><span style="font-family: Tahoma, Helvetica, Arial, sans-serif;">1402 Ladies Day Run</span></h6>  
<span style="font-family: Tahoma, Helvetica, Arial, sans-serif;"><br />As if to prove a point the Ladies set out to manage their own run and Circle, including sponsoring a t-shirt. And instead of a run and a walk they also set a second run The Ladies Run. Set off the Gojam road but in the Nature Reserve we had the entire area to ourselves and a single curious hyena. Rather a contrast to the last two construction sites.<br /><br />We all set off, yours truly running for the first time in living memory, to a series of perfect traps for the lead runners leading into a wide meadow in which the only thing that was clear was that the paper was not going to go up. What a glorious site it was a standing in the hill watching the whole pack spread itself over a half a square kilometre of confusion with the ladies following the same trail and of course quickly becoming FRB.♦<br /><br />The it was along a grassy trail with convenient halts for breathers marked L . Great Idea. In fact the Ladies stayed in touch until about half way when the real runners pulled away and the Ladies Run slowed to a walk through the woods.<br /><br />Meanwhile the walkers followed their own paper trail so as not to get lost and remarkably they didn♦t this time, although a couple of runners were found going back around the run the wrong way. Lucky to meet up with the Ladies and their hares who promptly turned them around.<br /><br />The circle was run by the Ladies who also learned a new song on the run ♦ Here♦s to Sister Hashers. Much confusion and huge turn out of newcomers slowed the pace of things but gave the GM and RA a pleasant day off, copious amounts of beer and chance to reflect of a good day out. Even the RA is reported to have rated it as a good run.♦<br /><br />Well done the Ladies<br /><br />TD♦<br /><br />On!ON!</span></p>